**ESSENTIAL LEARNINGS**
Learning dispositions and life skills.

<table>
<thead>
<tr>
<th>Identity “Who I am”</th>
<th>LEARNING EXPERIENCE Reflecting Children’s Needs and Interests.</th>
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</thead>
<tbody>
<tr>
<td>Developing different aspects of their identity (physical, social and emotional)</td>
<td>Body awareness activities (movement sessions, drawing around children’s bodies, sketching faces, yoga sessions, climbing, ball games, music with Janet).</td>
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<tr>
<td>Interdependence “Where and how I fit with others” Playing alongside and with others and recognizing the worth of shared experiences.</td>
<td>Discussions about our bodies, our emotions and the strategies to manage them. Introduce and use associated vocabulary.</td>
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<td>Futures “Who I want to be, how I want the world to be for me and others.’ Using understandings from prior experiences in new contexts and managing change effectively.</td>
<td>Introduce “relaxation tools” and discuss the purpose of relaxation and how to use the tools with a partner or individually.</td>
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<tr>
<td>Communication “How I express myself and interact with others” Confidently communicating in a known and supportive environment.</td>
<td>Set up a hospital for dramatic play, using knowledge of the body, and x-rays,</td>
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<tr>
<td>Thinking “How I understand the world” Are creative, imaginative, and curious and have a sense of humour.</td>
<td>“Come Out” - Decorate the local playground.</td>
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</tbody>
</table>

**LEARNING EXPERIENCE**
Reflecting Children’s Needs and Interests.

- Body awareness activities (movement sessions, drawing around children’s bodies, sketching faces, yoga sessions, climbing, ball games, music with Janet).
- Discussions about our bodies, our emotions and the strategies to manage them. Introduce and use associated vocabulary.
- Introduce “relaxation tools” and discuss the purpose of relaxation and how to use the tools with a partner or individually.
- Set up a hospital for dramatic play, using knowledge of the body, and x-rays,
- “Come Out” - Decorate the local playground.
- Use puppets and stories to identify and express feelings and imaginative thoughts. Celebrate Reconciliation Week. Brenda Rogerson will come in to explain more about Aboriginal culture and share artefacts, and activities. Puzzles and stories that include indigenous culture.
- Literacy activities including - making shared books about songs, finger plays and children’s stories. Scribe children’s ideas and feelings about their paintings and creations.
- Numeracy: games, puzzles, object to be sequenced in relation to size & number.
- Use rulers and tape measures to measure the length of items or distance.
- Begin the process of estimation using concrete scenarios.
- Finger paint, feeling scarf and bags, seed pouring, gloop and sand play.
- Excursion to the Nature Ed. C discovery walk. Pet animals to